



Running Club



What: A club offered to **students in grades 1-6** at CTA Liberty. If your child is in Kindergarten and they have an older sibling in Running Club, he/she may also participate in Running Club. We meet twice a week to build endurance, confidence, friendships and team spirit. We will run every practice in order to build endurance so that we can compete with other schools in the district during the 3rd quarter. If you would like to volunteer, parents are welcome to assist, or to run with us. A signup genius link will be sent out to sign up to volunteer at practices.

When: Mondays and Wednesdays at 2:45-3:45 pm during the 2nd and 3rd quarter. **Our first practice will be Monday, November 29th.** Please note that during the 3rd quarter we will have 3 races with other Chandler schools on Tuesdays and Thursdays. Race dates and times are TBD.

Where: We meet on the basketball courts and will run around the school grounds and the park adjacent to the school.

Please fill out, **sign and return the bottom of this slip on both sides** for your child to return to Miss Freeman **by Friday, November 19th.** Forms turned in after the due date will not be accepted. The cost for Running Club is \$10.00 paid through infinite campus. Please give us a week or so to apply the fee onto your account. A permission slip and payment must be received before your child attends Running Club. **Fees must be paid by Monday, December 6th.**

Thank you - CTA Liberty Running Club Coaches

cut and return

Child's Name: _____

My child will be dismissed to (circle one):

Grade/Teacher: _____

Kids Express / Back Curb Pick Up

Gender: _____

Shirt size (one per child please circle ONE):

Youth Small

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

I give my child permission to attend Running Club at CTA Liberty every Monday and Wednesday after school. I will arrange for them to be picked up in the back parking lot by 3:45 or to be checked in at Kids Express at the end of practice.

Parent signature

Print Name

Parent Phone #(s)

Email

The following is a list of guidelines. Please read and discuss these with your child and then sign and return the form below. We will discuss these guidelines as a group on the first day of Running Club. Each child should understand that failure to follow these guidelines may result in the immediate expulsion from Running Club. Please feel free to email Miss Freeman (freeman.christina@cusd80.com) with any questions or concerns.

1. Runners must attend practices unless absent from school. Other missed practices must be explained by a note or email from the parents. CTA Liberty sponsored academic clubs (tutoring, battle of the books, etc) are considered excused absences. Non-academic clubs (girl scouts, drawing club, etc) are considered non-excused absences. **THREE UNEXCUSED ABSENCES MAY RESULT IN THE RUNNER BEING EXPELLED FROM RUNNING CLUB.**
2. Runners must check in and out of Running Club with a coach or parent volunteer. **NO** runners may be picked up while on the running course. All runs begin and end on the basketball courts. Parents may only pick up children from the basketball courts or in the pick-up line at the back of the school. Running Club ends at 3:45 pm.
3. Runners will be expected to participate at practices. Please do not come to Running Club if you are unable to run (injured, sick, no tennis shoes, etc.)
4. Any runner quitting Running Club will not be permitted to rejoin during that school year.
5. **WHEN RUNNING OFF-CAMPUS** (park), all runners will be expected be respectful and to stay with a partner on the sidewalks and running course.
6. Runners must wear their uniform and tennis shoes to practice. Students are not allowed to change into other clothing before practice. Please plan accordingly on Running Club days. Runners may wear their Running Club shirt on days that we have practice or meets.

I have read the guidelines with my child. My child and I understand that the guidelines must be followed or it may result in expulsion from Running Club.

Student Name (Printed)

Student Signature

Parent Signature

Date